

# The Culinary Health Center currently does not have the ability to test for the Coronavirus (COVID-19).



## What this means to you:

Before going to the Culinary Health Center (CHC), please call 702-790-8000. When you call to schedule an appointment or go to the CHC you'll be asked questions:

These questions are based on Centers for Disease Control and Prevention (CDC) guidelines.

- **If you're cleared**, you can continue to make your appointment.
- **If you need further clinical help**, you will be connected with a nurse or you will see the clinical team.
- **You will not be tested for COVID-19** at the Culinary Health Center.
- **If you are severely ill and need to be tested**, the clinical team will let you know what you need to do.
- **The Emergency Room (ER) is the only place right now that can test for COVID-19.**
  - They will only give you the test if you have all of the symptoms and meet the CDC guidelines.

## If you need additional information about COVID-19:

- Please call the **SNHD (Southern Nevada Health District)** at **702-759-4636** or visit [www.southernnevadahealthdistrict.org](http://www.southernnevadahealthdistrict.org)

## If you have questions about how being exposed to this virus affects your job:

- Please call the **Culinary Union Local 226** at **702-385-2131**.

## Symptoms to look for:



- Fever
- Cough
- Difficulty breathing
- Similar to the flu

## Prevention Tips



Avoid close contact with people who are sick.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

## 工會保健中心現在沒有具備檢測新冠狀病毒COVID-19的設備



### 這對你來說代表什麼意思？

當你致電安排預約醫生702-790-8000時或正準備前往工會保健中心看醫生前, 我們會問一些關於你健康的問題:

這些問題是按照疾病控制中心(CDC)指南

- 如果你的回答通過篩選, 你可以繼續預約醫生。
- 如果你需要進一步診斷, 你會被轉到護士或醫護團隊進一步診斷
- 工會保健中心不能確診新冠狀病毒COVID-19
- 如果你病情嚴重需要接受進一步確診, 醫護團隊會給你明確指示
- 醫院急症室是目前唯一可以確診COVID-19 的地方
  - 測試只會給予擁所有病徵的病人, (疾病控制中心列明的病徵)

### 如果你需要更多關於新冠狀病毒的資訊

- 請致電內華達州南部衛生局 702-759-4636 或登陸 [www.southernnevadahealthdistrict.org](http://www.southernnevadahealthdistrict.org)

如果你有任何問題因染上疾病而影響工作請聯絡烹飪業 226工會電話 702-385-2131

#### 注意症狀:

- 發燒
- 咳嗽
- 呼吸困難
- 類似流感

### 如何預防



避免與生病的人接觸



避免觸摸您的眼睛, 鼻子和嘴巴



如果生病請待在家裡



打噴嚏和咳嗽時請用臉紙遮住, 用過的臉紙請丟進垃圾桶裡



使用家居清潔噴霧或清潔抹布去清潔和消毒經常接觸的物品和枱面



經常用肥皂和清水洗手至少20秒鐘, 特別在去完洗手間或進食前和搓鼻子, 咳嗽或打噴嚏後